















Child and Adolescent Research Network Conference

Tuesday 2nd November 2021, 5.30-9.30pm, Online. Register: <https://mycarn.org/event/child-and-adolescent-research-network-conference-2021/>

5.30pm	Powhiri	
5.45pm	Welcome: Dr. Ron Goodey (Ted and Mollie Carr Trust, Downtown Auckland Rotary Club) Housekeeping and scene-setting: Dr. Hiran Thabrew, Dr. Melanie Woodfield	
6pm	Professor Sally Merry <i>Reflections on a Career in Child and Adolescent Mental Health Research</i> Chair: Professor Trecia Wouldes	
6.30pm	Break	
6.45pm	Stream 1: Eating Disorders	Stream 2: Parenting and Child Health
	<p style="text-align: center;"><u>Keynote:</u> Professor Phillipa Hay <i>Eating Disorders: Different strokes for different folks</i> <u>Chair:</u> Nicki Wilson (EDANZ)</p> <ul style="list-style-type: none">  <i>Who Gets Admitted with an Eating Disorder? Ethnicity trends in young people admitted to Starship Children's Hospital over the past 13 years</i> Dr. Andrew Inglis  <i>Considering Alternative Treatment Models for Adolescent Anorexia Nervosa</i> Dr. Marion Roberts  <i>Self-compassion as an Approach for Disordered Eating Behaviours among Adolescents with Type 1 Diabetes</i> Anna Boggiss 	<p style="text-align: center;"><u>Keynote:</u> Dr. Jamie Lachman <i>From thousands to millions: Harnessing digital and hybrid approaches to provide evidence-based playful parenting support for families during the COVID-19 pandemic</i> <u>Chair:</u> Dr. Suzanne Stevens</p> <ul style="list-style-type: none">  <i>How Can Parents Support Children's Emotion Regulation to Prevent the Intergenerational Transmission of Mental Health Difficulties?</i> Dr. Amy Bird  <i>What Works and for Whom in a Psychiatric Mother Baby Unit?</i> Dr. Tanya Wright  <i>Can Mindfulness Reduce Stress, Anxiety and Depression in NICU Parents? Findings of a systematic review</i> Kristin Ginsberg
8pm	Stream 1: Youth Health and Suicide	Stream 2: Wellbeing and Prevention
	<p style="text-align: center;"><u>Chair:</u> Associate Professor Sarah Hetrick</p> <ul style="list-style-type: none">  <i>It Takes a Village – A new app to support young people experiencing self-harm and suicidal ideation</i> Dr. Hiran Thabrew  <i>Suicide prevention</i> Dr. Sarah Fortune  <i>Health and Wellbeing of High-risk Pasifika Youth in the Justice Sector</i> Associate Professor Julia Ioane  <i>Āhurutia te pā harakeke: Protecting our youth from family violence and suicide</i> Dr. Emily Cooney  <i>Getting the best out of e-therapies for young people</i> Dr. Matt Shepherd 	<p style="text-align: center;"><u>Keynote:</u> Professor Jessica Deighton <i>School and Community-based Approaches to Supporting Children's Mental Health and Wellbeing</i> <u>Chair:</u> Dr. Anna Serlachius</p> <ul style="list-style-type: none">  <i>An update on HABITs: implementation of a digital ecosystem for youth mental health</i> Dr. Sarah Hopkins  <i>Your Body Is Your Home: Fostering Positive Health Outcomes with the Intuitive Eating Framework</i> Katie Babbott  <i>Developing and Testing a Wellbeing App to Support Young People During the COVID-19 Pandemic</i> Dr. Anna Serlachius
9.30pm	Poroporoaki	