

CHILD AND ADOLESCENT RESEARCH NETWORK CONFERENCE

A showcase of child and adolescent research around New Zealand, featuring prominent and active local researchers presenting their current projects

Four key topics to be discussed:

Eating Disorders

Parenting and Child Health

Youth Health and Suicide

Wellbeing and Prevention

Professor Sally Merry, CARN Patron will also be presenting a reflection on her career in child and adolescent mental health research

A detailed agenda for the conference will soon be available to interested individuals who register

REGISTRATION:

(DETAILS TO BE DECIDED)

(URL LINK)



Our keynote speakers:

Professor Jessica Deighton

University College London, Evaluation and Dissemination at the Anna Freud National Centre for Children and Families and Director of the Evidence Based Practice Unit.

Dr. Jamie M Lachman

Research Officer at University of Oxford and Research Fellow at University of Glasgow. Founder of Clowns Without Borders South Africa and a co-founder of the Parenting for Lifelong Health initiative.

Professor Phillipa Hay

Leading mental health researcher and Foundation Chair of Mental Health at Western Sydney University

Please see next page for more information about our keynote speakers.

**2 NOVEMBER 2022
5:30 PM - 9:30 PM**

ONLINE CONFERENCE

Our Keynote Speakers



**Professor Jessica
Deighton**

Prof. Jess Deighton is Professor in Child Mental Health and Wellbeing at UCL, Director of Innovation, Evaluation and Dissemination at the Anna Freud National Centre for Children and Families and Director of the Evidence Based Practice Unit. Her expertise focus on: 1) the evaluation of interventions and multifaceted programmes to support mental health and well-being in children; 2) factors that promote resilience in children and young people; 3) the interplay between mental health and educational outcomes. She leads the English National evaluation of the National Lottery Community Fund's HeadStart programme and the UK Department for Education funded Children and Young People's Mental Health Research and Evaluation Programme. She also co-leads the early intervention theme for the Department of Health's Child Policy Research Unit.



**Dr. Jamie M
Lachman**

Dr Jamie M. Lachman has over 20 years of experience developing, testing, and scaling up family and parenting programmes to reduce violence against children and improve child wellbeing in low and middle-income countries. He is a senior research officer at the University of Oxford Department of Social Policy and Intervention and a research fellow at the University of Glasgow MRC/CSO Social and Public Health Sciences Unit. He is also the founder of Clowns Without Borders South Africa and a co-founder of the Parenting for Lifelong Health initiative. The programmes and resources that Jamie has co-developed have reached over 155 million beneficiaries in 182 countries. He is also a storyteller, banjo-player, songwriter, facilitator, and clown. Dedicated to promoting our human capacity for peace and laughter, Jamie strives to live each day fully with compassion and amazement.



**Professor Phillipa
Hay**

Professor Hay is a leading mental health researcher and Foundation Chair of Mental Health at Western Sydney University (WSU). She is committed to research that results in a better understanding of eating and related disorders to reduce the individual, family and community burden. Her current research focuses on randomised controlled trials of interventions for anorexia nervosa and other eating disorders, as well as public health and community interventions that will reduce barriers to accessing care. She led the working group for the Royal Australian and New Zealand College of Psychiatrists national guidelines for eating disorder treatments. Other studies have explored the distribution, determinants, and diagnostic status of disordered eating behaviours, and eating disorder mental health literacy, in community, clinical and professional samples. At WSU, she is academic lead of the award winning multidisciplinary Eating Disorder and Body Image Network (EDBI) (https://www.westernsydney.edu.au/thri/research/mental_health_and_wellbeing/eating_disorders_and_body_image).

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