



UNIVERSITY OF
AUCKLAND
Waipapa Taumata Rau
NEW ZEALAND

CHILD AND ADOLESCENT RESEARCH NETWORK CONFERENCE 2022



A showcase of child and adolescent
mental health research in Aotearoa New
Zealand and Australia

Session topics and keynotes:

Anxiety

Professor Sonja March

Director of the Centre for Health Research and Professor of Psychology at the University of Southern Queensland.

Parenting and Child Behaviour

Professor Mark Dadds

Director of Growing Minds Australia, Australia's Clinical Trials Network in Child and Youth Mental Health, Principal Research Fellow of the NHMRC, Professor of Psychology at University of Sydney & Founding Co-Director of the Child Behaviour Research Clinic.

Autism

Associate Professor Josephine Barbaro

Research Fellow and Psychologist at La Trobe University, Melbourne, Australia.

Māori Health

Professor Terryann Clark

Professor in the School of Nursing, The University of Auckland and Cure Kids Chair in Child and Adolescent Mental Health.

Registration is FREE and all are welcome!

PLEASE CLICK LINK BELOW TO REGISTER

[**REGISTER HERE**](#)

9 NOVEMBER 2022
1PM-5PM (NZT)

ONLINE CONFERENCE



CARN CONFERENCE SCHEDULE ONLINE 1-5PM NOV 9

Parenting &

Child behaviour (2:05pm)
Chair: Suzanne Stevens

Autism (3:00pm)
Chair: Hiran Thabrew

Māori Health (3:55pm)
Chair: Tania Cargo

Session

Anxiety (1:10pm)
Chair: Trecia Wouldes

Keynote speaker

Sonja March

Digital models of care for child and adolescent anxiety

Mark Dadds

Parental discipline strategies and child mental health: an analysis of Time-out in the age of attachment and trauma.

Josephine Barbaro

Early identification of autism using developmental surveillance from infancy to preschool: the SACS and ASDetect tools

Terryann Clark

Rangatahi Māori mental health needs and preferences: Results from Youth2000 and Harnessing the Spark of Life studies.

Karolina Stasiak on behalf of Headstrong team (UoA)

Stress Detox – open trial and national implementation of a chatbot intervention

Lianne Woodward (UC)

Parenting and the premature infant

Jenna van Deurs (UC)

The Waiora Tamariki Programme: Online Supports to Promote the Wellbeing of Autistic Children and their Caregivers

Aria Graham (HRC, Waipatu Marae)

Mamia - wrapping around wellbeing and distress; a kaupapa Māori wellbeing model for tamariki and māmā

Hiran Thabrew (UoA)

Open trial of a CBT and biofeedback-based game to treat anxiety in children with long-term physical conditions

Melanie Woodfield (UoA)

Could clinician attitudes toward time-out be a thorn in the side of Parent-Child Interaction Therapy implementation?

Hannah Waddington (VUW)

Autistic adult, parent and professional goal priorities for young autistic children

Moana Theodore (Otago)

IDI-related research into mental health issues identified among rangatahi Māori



More about our keynote Speakers



Professor Sonja March

Director of the Centre for Health Research and a Professor of Psychology at the University of Southern Queensland. Sonja has a PhD in Clinical Psychology, and leads the Innovative Mental Health Solutions Research Program at UniSQ. Her research focuses on the use of innovation and technology to improve access to evidence-based psychosocial assessments and interventions in childhood and adolescence. With colleagues, Prof March developed a world-first online psychological program (BRAVE) for preschool, child, and adolescent anxiety disorders, which has been evaluated across a number of world-first randomised controlled trials. Prof March led the translation of BRAVE into an open access public health service, having significant impact in the Australian community, with >67,000 registered users. Prof March is about to launch a new digital care model, Momentum, that provides individual assessments and tailored treatment programs for children and adolescents with anxiety, depression and associated problems. Prof March has received over \$18 million in funding as a Chief Investigator throughout her career and has been the recipient of several awards for her work in child and adolescent digital models of care. In 2020, Prof March was the winner of Research Leader – Science, in the Women in Technology Awards and was also a finalist in the Queensland Mental Health Commission Mental Health Week Awards. Prof March is a current member of the Orygen Research Committee and beyondblue Research Advisory Committee.



Professor Mark Dadds

Director of Growing Minds Australia, Australia's Clinical Trials Network in Child and Youth Mental Health, a Principal Research Fellow of the NHMRC, Professor of Psychology at the University of Sydney and Founding Co-Director of the Child Behaviour Research Clinic, which develops state-of-the-art treatments for children and adolescents with MH problems. He has developed and directed several national intervention programs for children, youth, and their families, at risk for MH problems. His expertise and interests are in child and family MH, parenting/family processes, prevention and early intervention. He has been National President of the AACBT, Director of Research for the Abused Child Trust of Queensland, Professor of Parenting Research at the Institute of Psychiatry, Kings College London. He has been the recipient of several awards for his work in child and youth mental health including an Early Career Award from the Division of Scientific Affairs of the Australian Psychological Society, the Ian Matthew Campbell Award for Excellence in Clinical Psychology, Distinguished Career Award of the Australian Association of Cognitive and Behavioural Therapy, and in 2021, the APS President's Award for Distinguished Contributions to Psychology. He has authored 4 books and over 280 papers on child and family psychology, and has given invited keynote addresses and skills training workshops to international audiences throughout the world. His innovative treatment methods were the subject of an ABC TV 3-part documentary for which he was awarded the Inaugural APS Award for Media Engagement with Science. In 2021 he established Australia's first Clinical Trials Network in Child and Youth Mental Health funded by the federal government and tasked with developing innovative methods for identifying and responding to early mental health problems in children.



Associate Professor Josepine Barbaro

Principal Research Fellow and Psychologist at La Trobe University, Melbourne, Australia. Her research interests are in the early identification and diagnosis of autism in infants, toddlers, and preschoolers, and family health and well-being following a diagnosis. A/Prof Barbaro's developmental surveillance program for autism, the SACS, has been developed over the past 17 years, and is used by healthcare professionals around the world. A/Prof Barbaro's early detection program has led to the development of ASDetect; the world's first, empirically-based, early autism detection app for infants and toddlers. Her passion is translating research into practice, particularly for under-resourced and under-represented communities.



Professor Terryann Clark (Ngāpuhi)

Professor in the School of Nursing, The University of Auckland and Cure Kids Chair in Child and Adolescent Mental Health. She has worked as a nurse for over 30 years in youth health in various roles and as an academic. Professor Clarke is co-lead of the Youth'19 Rangatahi Smart Survey and has been a founding member of the Adolescent Health Research Group and Youth2000 survey series since 1998. She led an HRC grant exploring the role of whanaungatanga on rangatahi wellbeing. She also has a focus on taitamariki Māori health and equity.